

STRONGER TOGETHER

Resources for Siblings of People with Disabilities in Illinois

Siblings of people with disabilities experience various support needs throughout the lifespan. Better outcomes for siblings can lead to better outcomes for their brothers and sisters with disabilities, and all family members. It is important to start early and provide supports to young siblings. As they age, siblings may take on greater support roles and need more information. There are resources, networks and supports for siblings and their families in Illinois, throughout the lifespan.

Organizations that Support Siblings of People with Disabilities



Supporting Illinois Brothers & Sisters (S.I.B.S)

www.sibsnetwork.org

S.I.B.S is the Illinois chapter of the national Sibling Leadership Network. The mission of S.I.B.S is to provide support to siblings of people with disabilities in Illinois by connecting them with information, networking opportunities, and resources in order to enhance the quality of life for their entire families.

Facebook Page – open to all who are interested: SIBS Network

Facebook Group – closed group for adult siblings: IllinoisAdultSiblingNetwork

Sibling Leadership Network

www.siblingleadership.org

The Sibling Leadership Network (SLN) provides siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

Facebook Page – open to all who are interested: The Sibling Leadership Network

Facebook Group – closed group for adult siblings: The Sibling Leadership Network

Twitter - @sibleadership



Sibling Support Project

www.siblingsupport.org

The Sibling Support Project is a national effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns.

SibTeen – For siblings who are teenagers

Sib20 – For siblings who are in their 20s

Sibnet on Facebook – For adult siblings



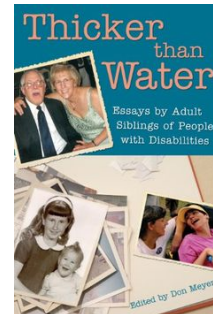
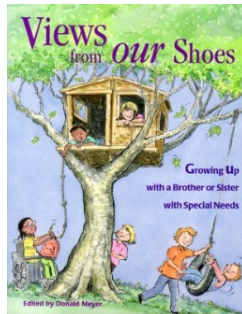
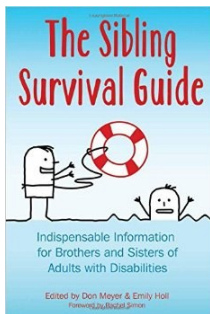
Support for Young Siblings of People with Disabilities



Sibshops are pedal-to-the-metal events where school-age brothers and sisters meet other sibs (usually for the first time), have fun, laugh, talk about the good and not-so-good parts of having a sib with disabilities, play some great games, learn something about the services their brothers and sister receive, and have some more fun.

To find a Sibshop, visit: www.siblingsupport.org/about-sibshops/find-a-sibshop-near-you

Books for Siblings of All Ages



Disability Resources in Illinois

Illinois Council on Developmental Disabilities - <https://www2.illinois.gov/sites/icdd/Pages/default.aspx>

The Council helps lead change in Illinois so all people with developmental disabilities exercise their right to equal opportunity and freedom.

The Arc of Illinois - <https://www.thearcofil.org/> The Arc of Illinois is committed to empowering persons with disabilities to achieve full participation in community life through informed choices.

Illinois Self Advocacy Alliance - <http://selfadvocacyalliance.org/> The Alliance is a statewide network of self advocates, advocacy groups and allies in Illinois.

Equip for Equality - <https://www.equipforequality.org/> Equip for Equality advances the civil rights of people with disabilities through legal services, public policy, monitoring, and training. This organization administers the federally mandated Protection & Advocacy System for Illinois.

Illinois Department of Human Services - <http://www.dhs.state.il.us/page.aspx> IDHS' mission is to provide equitable access to social/human services, supports, programs and resources to enhance the lives of all who we serve. IDHS offers many divisions including the Division of Developmental Disabilities and the Division of Rehabilitation Services.



This Resource Sheet was developed by the Sibling Leadership Network in partnership with Supporting Illinois Brothers and Sisters with an investment of the Illinois Council on Developmental Disabilities.