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*for*  
CHANGE

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6/7/2023

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# Stay Informed

- Follow S.I.B.S. Facebook for advocacy alerts and legislative updates
- E-newsletters from various disability organizations (S.I.B.S, The Arc – federal & IL, National Disability Rights Network, Autism Self Advocacy Network, etc)
- Disability Scoop, Google alerts
- Local and state alerts, email lists, newsletters

# Finding, Contacting & Getting to Know Elected Officials

Find my legislators: [elections.il.gov](https://elections.il.gov)

Tracking IL bills: [ilga.gov](https://ilga.gov)

- Search by keywords or bill numbers
- Can ask your legislators to cosponsor bill

Tracking Federal bills (sign up for alerts):

- <https://www.congress.gov/>
- <https://www.govtrack.us/>

# Tell Your Story

- Blogs
- Forums
- Calls, emails to legislators
  - Staff keeps tallies of phone calls
  - Adapt email scripts from S.I.B.S. to add personal touch
- Testify
  - ILGA witness slips
- Serve on committees, boards
- Keep in touch
- Engage on social media

# Advocating with our siblings

- Why is an issue important to you?
- Why is an issue important to your sibling?
- We can help our siblings become self-advocates
  - Help access how they can best tell their stories
  - Help access trainings (e.g. Public speaking workshops, advocacy trainings, conferences, Hill Days)
- Sibling resource: [SLN advocacy](#)

## Share out! Advocacy resources:

- Become member of parent advisory board CILA
- Building gratitude and relationship with workers at sibling's facility
- Calling legislators in the area where sibling lives
- The Alliance self-advocacy group (workshops)
- Equip for Equality - advocate on your behalf, legal services
- Independent Service Coordination Agency - advocate on your behalf
  - Automatic if you are state funded
- Keep everything in writing
- Job Accommodation Network